The eKoleynu 💆

Hevrat Shalom's Temple Bulletin

An independent congregation supported solely by your membership, dues and donations.

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Please share this bulletin with family and friends; anyone can join us on Zoom anywhere in the world!

Reminder, articles for publication must be received by the 15th of the month prior to publication.

Next Shabbat at Hevrat Shalom Congregation

June 4th 2021 at 7:45 PM on Zoom and 4 PM on Ingleside's Channel 976

Look for your "eVite" or use the link below:

Below is the link for all Hevrat Shalom Zoom Events:

https://zoom.us/j/2407676518?pwd=cG5QdGRBQ0lGK1Q1ZlJUQktTc0M5QT09

ID: 240 767 6518 Password: Hevrat21
Dial-in Phone Number for Voice Only: 301-715-8592
Meeting ID for Voice Only: 240 767 6518
Password for Voice Only: 025649#



<u>June</u> Rabbi Stan Levin

Here it is, June already. Half of 2021 will be over by the end of the month. The world stage and even the health situation with covid are both volatile. What is true at the beginning of June may be

better or worse by the end. What I pray for is peace for Israel, both within its borders and among its neighbors. I also pray that "herd immunity" will be in effect and that we return to a social life as it was before the pandemic.

Forgive me if I avoid those topics and focus on a summer-based lesson from the Talmud. This may surprise the reader, but according to the Talmud, fathers have only three obligations to teach their sons: (1) Torah, (2) a trade, and (3) how to swim. (Babylonian Talmud, Tractate Kiddushin, page 29a).

In the 21st century we can honor the wisdom of the rabbis of the Talmud, and we can also be inclusive: it is the responsibility of any parent to take on these responsibilities. Teaching any child to swim is as important as Torah study and learning how to make a living.

This is the beginning of beach season in the State of Maryland. Swimming pools are open. People in sailboats, kayaks, and motorboats enjoy the Chesapeake Bay and the Atlantic Ocean, and most of them are aware enough to wear safety vests. But accidents can happen, and anyone who spends time on the water should be able to swim in case

of an emergency. For the record, Hevrat Shalom president, Dr. Stephen Permison, is an avid sailor and can provide much information on this topic.

Several years ago, the granddaughter of a dear friend was celebrating her college graduation with her family by going boating in Florida. She had a promising career ahead of her as an opera singer until that moment when another boat hit hers. She was not killed from the impact, but by drowning.

In the modern world, the data are compelling: there are approximately 320,000 drowning deaths annually; 3,500 to 4,000 in the USA alone (source: Facts & Stats About Drowning - Stop Drowning Now).

Others have expanded upon the instruction to teach a child to swim. They write that it is a metaphor, that parents hold their children afloat, but eventually release them so that they can be independent. It is a lovely thought, but I hold to the literalness of the Talmud.

For those of you in Ingleside with young grandchildren and/or great-grandchildren, make sure that they get swimming lessons.

By the way, remind their parents to teach them Torah and how to make a living.

Enjoy the beautiful weather. And be safe.



Happy Father's Day Rabbi Peter Novick

Father's Day is June 21, 2021. I am a father and lucky to have a lovely family including my wife, four daughters, and seven grandsons. But being a father has given me a different perspective

and a better appreciation for my father. His wife, my mother, passed away three days after I was born.

My father was then faced with caring for two children, a 2 ½ year old and a premature newborn. In addition, he had the daunting task of running a business at the beginning of World War II.

As I matured and began having children of my own, I thought about the enormous obstacles he faced and the wonderful job he did keeping a family together, maintaining a home, and running a successful business. It's funny how we appreciate these things when we get older and wonder how we would react under similar circumstances. What it does remind me of is how lucky I was to have had a father like my Dad.

Happy Father's Day, Dad! Wishing joy and peace to all the fathers, uncles, grandfathers, and great grandfathers.



Music of the Soul Cantor Caron Dale

Workshop with Cantor Caron Dale: Music of the Soul - Navigating our way day to day with Songs of Prayer and Hope. How can

prayers and songs like Oseh Shalom, Mi Chamocha, Gesher Tzar M'od, Nachamu (Comfort Us) and so many others make a difference in our lives?



Music While...Doing Everything!
Cantorial Soloist Joan Wolf

My significant other would tell you that he could not live without music. Apparently, it is a lead player in the activities of many people. When consulting Rabbi 'Google' with the query "music

while...." it offered music while working, reading, driving, studying, drawing, swimming, horseback riding, improving your memory, simply concentrating and even gardening!

Every spring, my mother would work in her garden and get it in glorious shape. She would wear gardening gloves with little ladybugs on them, lower herself onto a bright red kneeling pad and listen to Bach's Brandenburg Concertos (fun fact because I have a degree in music and am a self-professed nerd: this gorgeous piece was written in 1719 to feature a new harpsichord that Bach had brought from Berlin). And although I am not a gardener, I always imagine bright marigolds when listening to the movements. UnderwaterAudio.com even has a recommended list of songs (from Lady Gaga to Mozart to The Beatles) that have the correct beats per minute to improve your swim workout. Benefits on top of benefits!

And, in my opinion, one of the most beautiful functions of music is that it can evoke memories. Science has proven that it literally triggers parts of the brain with sensory associations. If I play Chicago's "Color My World", I am instantly at my friend Ellen's

sweet sixteen party (co-ed, no less!) and dancing with Bill Sussman who was six inches shorter than me.

What songs take you back? Why not have a listen today? Are there songs that you would like me to sing? Let me know!



NEW Congregant Corner featuring Marie Schwartz Sue Tubbs

I was born and grew up in Baltimore, Maryland and graduated from Forest Park High School and then graduated from the University of Maryland with a degree in History and Political science. I met my

husband, Seymour Schwartz, on a blind date at a backyard picnic when I was 15. I began dating him when I was 16 and he was already a student at the University of Maryland. He graduated as a mechanical engineer and went to work for the government. While at the University of Maryland, I was a member and then President of Phi Sigma Sigma Sorority. After our marriage, we moved to Silver Spring, Maryland and then I completed my last semester at Maryland.

Seymour and I were married for 60 years, until his death in 2012. We lived in the Woodside area of Silver Spring until 1991. We had 2 sons, Steven, who lives in Northeast Pennsylvania and works on Environmental issues and Martin, who is a radiologist in Birmingham, Alabama. They grew up in Silver Spring. I have 3 grandsons, two are doctors and one works in Television and 2 great grandchildren all of whom live in Birmingham. After graduating from Maryland, I taught second grade for a year in Montgomery County and then stayed home with my children until they were of school age. During that time, I taught Religious School on the weekend at Temple Shalom and Temple Sinai and taught homebound children and substituted in Montgomery County Public Schools. We were members of Ohr Kodesh Congregation from 1960 until I moved to Ingleside.

My long term career was in Social Work with the Montgomery County Department of Health and Human Services in Child Welfare for over 35 years, specializing in Foster Care and Adoption Services. I loved advocating for children, despite the sadness and risks that it sometimes involved. The fun part of this job was organizing a very large event to celebrate the children and the foster parents and where scholarships for graduating seniors were awarded. I also helped to organize other large events to honor the Foster parents who gave a lot effort to give the Foster children stable and loving homes. After I retired in 1991, we moved from the Woodside area of Silver Spring to Carroll Valley, Pennsylvania, the home of Ski Liberty.

We built a home there in 1976 when my husband worked at Fort Richie. In 1989, we bought a condo in Destin, Florida and were snowbirds until this year. In Destin, I met people from many areas of this country and Canada and they became my Florida family. Retirement was short lived for me and I returned to work as a contractor for the Montgomery County Department of Health and Human Services in 1992. When I returned as a contractor, I studied families to become foster or adoptive parents and worked with parents who were searching for their children who were adopted through the Department or children looking for their parents in hopes of finding them and facilitating a reunion. I continued working as a contractor until 2010. Family was and is very important to me and as it was to my husband. We took family trips, helped with our grandchildren, and assisted my mother who lived to the age of 100. I enjoy playing bridge, cooking and baking, going to the theatre and to symphony concerts at the Kennedy Center and travelling.

I also love to paint in watercolor and knit. For many years, I did Jewish papercuts some on consignment but stopped because it was hard on my hands. Throughout my life I have been active in volunteer work in many areas and I have continued volunteering since moving to Ingleside. After Seymour died, my children encouraged me to move out of my home that was in a beautiful setting in the mountains and move to a more secure place. In September 2019, I moved to Ingleside at King Farm.

Events Calendar

<u>Tuesday. May 25</u>, 7:45 – 8:30 pm, Hevrat Shalom TOWN HALL led by Dr. Permison. A community introduction to our new rabbi, Rabbah Arlene Burger, who will share the Hevrat Shalom pulpit with rabbis Stan Levin and Peter Novick.

<u>Friday, June 4</u>, Sabbath Service led by Rabbi Peter Novick with Cantorial Soloist Joan Wolf, 7:45 pm, "Live – on - Hevrat's Zoom connection, or, at 4:00 pm on Ingleside's Channel 976. A community Oneg (chat) with Rabbi Peter will follow the 7:45 service.

Thursday, June 17, 10:30 am, Workshop Caron Dale Music of the Soul - Navigating our way day to day with Songs of Prayer and Hope. How can prayers and songs like Oseh Shalom, Mi Chamocha, Gesher Tzar M'od, Nachamu (Comfort Us) and so many others make a difference in our lives?

<u>Friday, June 18</u>, Sabbath Service led by Rabbi Peter Novick with Cantor Caron Dale, 7:45 pm Live-on-Zoom. A community Oneg (chat) with Rabbi Peter and Cantor Dale will follow the 7:45 service.

<u>Anytime Live Links</u>, Listings of interesting Jewish community events available online, mostly without cost, provided by our Live Links Editor, Michael Chernick, (Help make this live links a success by sending Michael relevant internet links that you would like to share with our membership):

The Community Scholar Program (CSP) is a series of Jewish-themed Zoom lectures sponsored by a group of synagogues, primarily in Orange County, California. All of the lectures are on Zoom, so they are accessible to anyone on the Internet. CSP provides about 3 to 4 new lectures every week, so there is plenty of content to interest Hevrat Shalom membership.

The lectures are available live on Zoom, and previous lectures are posted on YouTube. So if you miss a live lecture, you can view it later at your convenience. Most of the lectures are free, but some require a membership, which is \$180 for a year for a family of two. (Expensive if you only want to watch a lecture or two.). However, the previous lectures are usually available free on YouTube within a day of the live lecture. So, you can attend the lectures for free, and at a time of your convenience.

As an example of the breadth and depth of this series, just this week, CSP has had lectures/presentations on: 1) Walking Tours of three formerly Jewish towns in Lithuania, 2) Digging into Archeology, 3) Return of the Vanished from Krakow, Poland, 4) Walking Tours of Jewish London, and 5) Part 4 of a series on Gems of the Torah by Rabbi Avi Strausberg from Washington, DC

If you are interested in getting started with CSP, go to www.occsp.net. You can sign up for their email list (as I have), find out about upcoming events, locate their Facebook and YouTube sites, as well as podcasts, and generally learn more about them.

If you have difficulty, email me at mikechernick@yahoo.com. Please put "Hevrat Shalom" in the subject line. I'll try to get back to you within a day or two, maybe faster if I'm not too busy.



Welcome New Members 5781

Steve Freedman
Allan & Leah Lipman
David Stander
Doris Bratt & David Cohen
Martin & Sandy Rush
Lisa Peterson

Building a future; maintaining our past.



June Yahrzeits

Bella FreedmanMother of Steve FreedmanIsadore DanovitzFather of Norma DancisSelma DanovitzStep Mother of Norma DancisAnna KellerSister of Hyman ShapiroLeon Raines-LambeFather of Mina ParsontDora LangMother of Gerald LangFlorence Askow LoebMother of Joan Oday

Dorothy Pocinki Member

Adam Robert Girson Son of Norman & Sam Girson Minnie Simmons Mother of Florence Margolis

Alan Udler Member

Year of Mourning

Irwin Faibisch Husband of Fran Faibisch
Ed Isaacs Husband of Edith Isaacs
Florence Long Beloved wife of Gerald Long

May their names be for a blessing....
לברכה זכרונם חַכמִינוּ אַמרוּ) ל"אחז